

## **CARLISLE PUBLIC SCHOOLS**

### **MIDDLE SCHOOL ATHLETIC PHILOSOPHY**

*Our fundamental principles are: flexibility, exploration, experimentation and application of basic skills. We believe the combination of both interscholastic sports and more introductory level teams along with junior varsity and intramural programs at this age is appropriate and provides opportunities for all students. This allows a student to learn new skills; understand how to function in a team environment; understand his/her role and responsibility to a team; appreciate healthy competition, be active and gain a sense of joy sharing a common goal with others.*