

Dear Carlisle Families,

Due to the recent reports of EEE (Eastern Equine Encephalitis) cases in Massachusetts, the Carlisle Public Schools will be taking the following precautions to avoid the threat of infection to our students.

- Outdoor activities that take place between dusk and dawn are cancelled until further notice
- Elementary and Middle School PE classes will not be held on the Spalding Field
- After school sports practices will be ending at 4:30 PM with games and meets ending by 5:30 PM
- Cross Country practices change running routes to avoid areas more densely populated with mosquitos
- Additionally, our coaches will have Off Deep Woods insect repellent (25% Deet) available for middle school after school sport use with signed parent permission.

The virus that causes Eastern Equine Encephalitis (EEE) is spread through the bite of an infected mosquito. In Massachusetts, the virus is most often identified in mosquitoes found in and around freshwater, hardwood swamps, and standing or stagnant water. More information about different types of mosquitoes that can spread the virus can be found on the MDPH website at:

<https://www.mass.gov/service-details/eee-eastern-equine-encephalitis>

What can you do to protect your child from EEE?

1. Avoid outdoor activities between dusk and dawn
2. Wear long sleeves, long pants and socks when mosquitoes may be present
3. Use an insect repellent that has DEET, or permethrin, or oil of lemon eucalyptus.
*DEET products should not be used on infants under 2 months of age and Oil of lemon should not be used on children under 3 years of age. Permethrin products should only be applied to items such as clothing, shoes and not to skin.

Parents are encouraged to apply mosquito repellent to students' clothing before sending them to school.

Please sign that you have read this information and that you give your child permission to use insect repellent for middle school after school outdoor athletic practices/games.

Name of student: _____

I grant my child permission to self apply the CPS supplied insect repellent during middle school after school outdoor sports activities until the EEE risk level has been lowered by the MDPH.

Yes No

Parent/Guardian Signature

Date