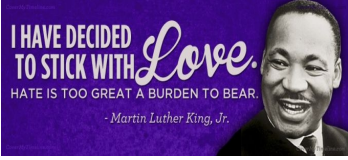




January



Monday	Tuesday	Wednesday	THURSDAY	Friday
4 CHICKEN NUGGETS RICE PILAF DIPPING SAUCES GOLDEN CORN	5 MEATLOAF DINNER MASHED POTATOES GRAVY ROLL DICED PEARS	<u>HALF DAY GRAB & GO LUNCH</u> <u>TO TAKE HOME</u> SUN BUTTER & JELLY SANDWICH PRETZELS PEACH CUP	7 PASTA DINNER GLUTEN FREE PASTA YOGURT CUP BEAN SALAD	8 ASSORTED PIZZA OR GLUTEN FREE PIZZA CUPCAKE MIXED FRUIT
11 BBQ CHICKEN SLIDERS OVEN BAKED BEANS ORANGE SLICES	12 LUCKY TRAY DAY SPAGHETTI & MEATBALLS GARLIC GREEN BEANS LUCKY TRAY DAY	<u>HALF DAY GRAB & GO LUNCH</u> <u>TO TAKE HOME</u> CHICKEN CAESAR SALAD GARLIC BREAD FRUIT CUP	14 HAMBURGER/CHEESEBURGER CHIPS APPLE SAUCE	15 ASSORTED PIZZA OR GLUTEN FREE PIZZA CORN CARROT GB MIX JELL-O CUP
	19 PASTA DINNER GLUTEN FREE PASTA YOGURT CUP SWEET CORN	<u>HALF DAY GRAB & GO LUNCH</u> <u>TO TAKE HOME</u> TOASTED CHEESE SANDWICH MACARONI SALAD MIXED FRUIT	21 ALL BEEF HOTDOG SWEET POTATO FRIES APPLE	22 ASSORTED PIZZA OR GLUTEN FREE PIZZA CHICK PEA SALAD PUDDING WITH TOPPING
25 HOMEMADE MAC & CHEESE ROLL SWEET PEACHES	26 DICED CHICKEN & GRAVY OVER MASHED POTATOES CRANBERRY SAUCE	<u>HALF DAY GRAB & GO LUNCH</u> <u>TO TAKE HOME</u> CHICKEN PATTY PRETZEL PEACH CUP	28 CHICKEN NUGGETS FLUFFY RICE BLACK BEAN SALAD	LUCKY TRAY DAY ASSORTED PIZZA OR GLUTEN FREE PIZZA CARROT COINS COOKIE

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK, VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2021. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES.

SUN BUTTER & JELLY SANDWICHES, TUNA SUB & HOMEMADE PIZZA WILL BE OFFERED DAILY AS AN ALTERNATE BEGINNING SEPTEMBER 28TH 2020.

ALL MEALS ARE OFFERED FREE OF CHARGE TO QUALIFYING STUDENTS. PLEASE VISIT THE WEBSITE FOR MORE INFORMATION.

WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SROBICHAUD@CARLISLE.K12.MA.US

OUR PRE-PAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.