

OLWEUS

BULLYING PREVENTION PROGRAM

www.StopBullyingNow.hrsa.gov

Dear Parent/Guardians,

Carlisle school has adopted and is using the *Olweus Bullying Prevention Program*. This research-based program educates students, faculty, parents and community in an effort to reduce bullying and unsafe behaviors in schools. It also helps to make our school a positive place where students can learn.

Although this program takes place at school, we need your help too. You can talk about bullying and our school's anti-bullying rules at home with your child as well as our local community members, and faculty. We want to work with you to prevent and stop unsafe behaviors or bullying from happening in our school. You will find parent resources on the school website in the parent section. Also, principals will be sending home communications throughout the year on the different units of the Olweus program.

What is the *Olweus Bullying Prevention Program*?

The *Olweus Bullying Prevention Program (OBPP)* prevents or reduces bullying in elementary and middle schools. *OBPP* is not a curriculum, but a program that deals with positive school culture at the school, classroom, individual and community levels. Here is what happens at each level:

School wide

- Teachers and staff are trained to use the program and how to address bullying and unsafe behavior problems.
- A school wide committee oversees the program.
- Each year, students complete a questionnaire to give us information about the amount and type of bullying at our school.
- All students should follow these four anti-bullying rules:
 1. We will not bully others.
 2. We will help students who are bullied.
 3. We will include students who are left out.
 4. If we know that somebody is being bullied, we will tell an adult at school and at home.
- Staff supervise all areas of our school where bullying is likely to occur.

- The four anti-bullying rules are taught in all classrooms.
- Class meetings are held where students talk about teasing, an act of meanness or bullying as well as what is expected of them to help create a safe school environment. They also learn how to ask an adult for help if they see or experience teasing, an act of meanness or bullying.
- Teachers use positive and proactive consequences for following and not following the four anti-bullying rules.
- Teachers work to make the classroom a positive place for all students.

For Individuals Who Bully or Who Are Bullied

- Teachers and other staff are trained to address potential bullying situations and unsafe behavior situations and how to address the students involved.
- Students who bully others are given appropriate and specific consequences to their situation in a timely manner.
- Our staff and our school support students who are bullied.
- Students are instructed about positive actions that he or she will be expected to uphold in order to end the bullying.
- Teachers and other staff meet with the parents of students who bully and students who are bullied.

In the Community

Our school will be looking for ways to develop partnerships with community members and carry the anti-bullying message community-wide.